

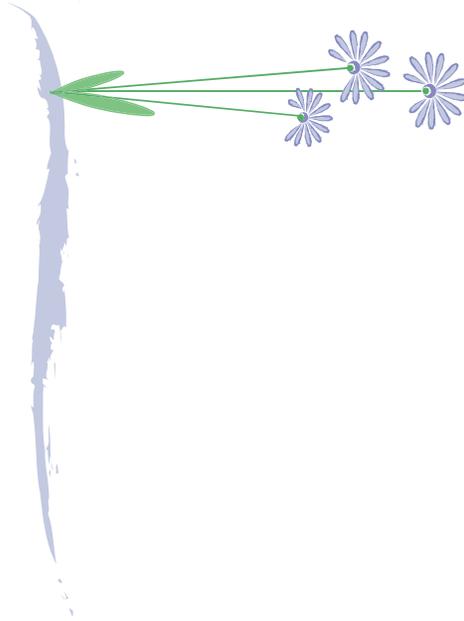
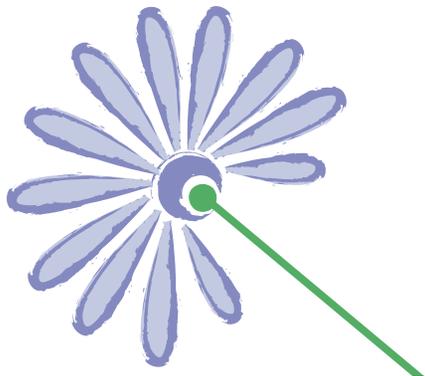
Linda Charron, RDH, HHP is the owner of "Simply Natural" LLC. Linda passionately inspires, encourages and educates people on how to restore balance and vitality in their journey toward wellness. She has embraced natural healing her entire life, always using a natural and holistic approach. She has practiced dental hygiene since 1980 and has come

to understand that oral tissues reveal characteristics that may indicate systemic and/or nutritional imbalances with great insight to the health status of an individual. Her



consistent success in helping her patients improve their health since 1983 has inspired her to become a nutritional specialist through the *National Institute of Whole Health* in Boston MA and through numerous continuing education courses sponsored by the *University of Bridgeport* in CT.

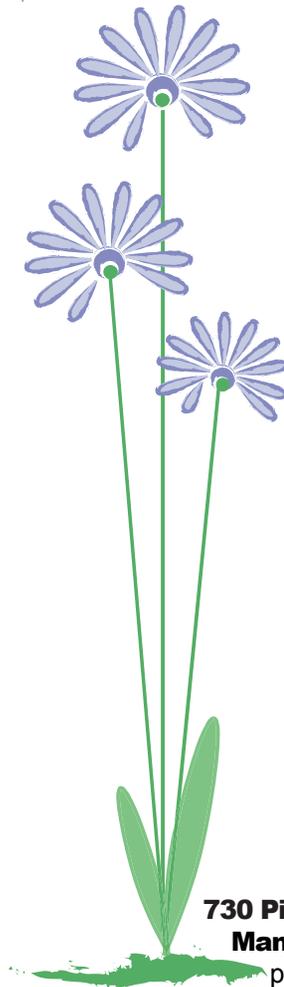
Linda recently graduated from *The Energetix International College of BioEnergetic Medicine* as a board certified Holistic Health Practitioner (**HHP**) through the American Association of Drugless Practitioners, AADP, as a bioenergetic practitioner.



"Simply Natural"
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"Simply Natural"

A
simply natural
approach
toward
wellness



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"Simply Natural" LLC

"Simply Natural" believes in a holistic approach to achieving optimal wellness using various methods and practices.

Our lifestyles and environment today contribute to numerous stresses, which, if left untreated, will simply weaken one's overall health by attacking the immune system, causing fatigue, imbalance, chronic pain and disease.

The causes that contribute to unhealthy imbalances can include:

- malnutrition/deficiencies
- food/airborne/seasonal allergies
- candida/parasites/molds/fungus
- heavy metals/dental materials
- toxic chemicals/pesticides/additives
- viral



"Simply Natural" is working in collaboration with a variety of other health practitioners such as MD's, ND's, DMD's, chiropractors and therapeutic massage therapists to provide optimal and holistic treatments.

The "Simply Natural" approach assists the body in eliminating toxins and re-establishing a healthy foundation to open the flow channels and restore vitality by offering the following services or suggestions:

- nutritional consultation
 - evaluation
 - education
 - recommendations
- homeopathic remedies
- organic whole food supplements
- symptom survey
- bioenergetic assessment (Avatar)
- far infrared sauna
- ionic foot bath
- gentle detox cleansing
- aromatherapy
- natural dental products
- natural skin care products
- Emotional Freedom Technique

Balance and harmony can be restored and overall health can be rejuvenated by

- Strengthening immunity
- Balancing nutritional needs
- Rebalancing hormones
- Eliminating specific stressors
- Restoring cell communication
- Educating on the Basic Pillars of optimal health where most disease starts and healing begins...
 - ingestion
 - digestion
 - elimination



BioEnergetic Assessment



Using a highly sophisticated computerized instrument, this assessment accesses the energetic "pathways" used in acupuncture on the hands and feet. This tool provides a painless and non invasive means to acquire feedback from the organs and different systems of the body, indicating the degree of inflammation, degeneration or level of stress.



Current research is confirming the fact that chronic unresolved inflammation does, in fact, lead to tissue and organ degeneration.

Once the overall health and imbalances have been identified, "Simply Natural" can create a personalized healing strategy designed to open, nourish and support the healing pathways, restoring energetic balance and wellness.